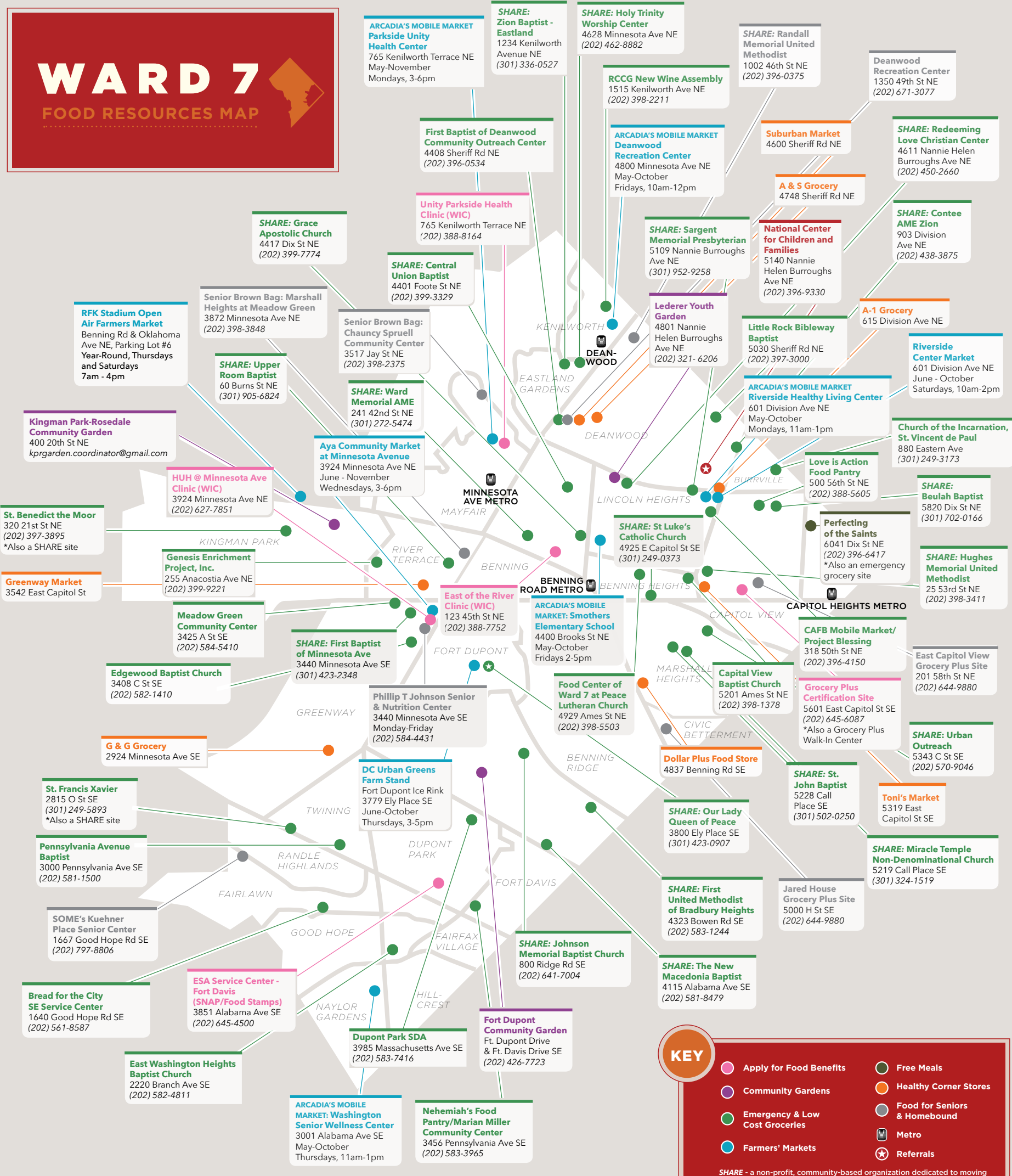


WARD 7

FOOD RESOURCES MAP



ARCADIA'S MOBILE MARKET
Parkside Unity Health Center
 765 Kenilworth Terrace NE
 May-November
 Mondays, 3-6pm

SHARE: Zion Baptist - Eastland
 1234 Kenilworth Avenue NE
 (301) 336-0527

SHARE: Holy Trinity Worship Center
 4628 Minnesota Ave NE
 (202) 462-8882

SHARE: Randall Memorial United Methodist
 1002 46th St NE
 (202) 396-0375

Deanwood Recreation Center
 1350 49th St NE
 (202) 671-3077

First Baptist of Deanwood Community Outreach Center
 4408 Sheriff Rd NE
 (202) 396-0534

RCCG New Wine Assembly
 1515 Kenilworth Ave NE
 (202) 398-2211

Suburban Market
 4600 Sheriff Rd NE

SHARE: Redeeming Love Christian Center
 4611 Nannie Helen Burroughs Ave NE
 (202) 450-2660

SHARE: Grace Apostolic Church
 4417 Dix St NE
 (202) 399-7774

Unity Parkside Health Clinic (WIC)
 765 Kenilworth Terrace NE
 (202) 388-8164

SHARE: Sargent Memorial Presbyterian
 5109 Nannie Burroughs Ave NE
 (301) 952-9258

National Center for Children and Families
 5140 Nannie Helen Burroughs Ave NE
 (202) 396-9330

SHARE: Contee AME Zion
 903 Division Ave NE
 (202) 438-3875

RFK Stadium Open Air Farmers Market
 Benning Rd & Oklahoma Ave NE, Parking Lot #6
 Year-Round, Thursdays and Saturdays
 7am - 4pm

Senior Brown Bag: Marshall Heights at Meadow Green
 3872 Minnesota Ave NE
 (202) 398-3848

SHARE: Central Union Baptist
 4401 Foote St NE
 (202) 399-3329

Lederer Youth Garden
 4801 Nannie Helen Burroughs Ave NE
 (202) 321-6206

Little Rock Bibleway Baptist
 5030 Sheriff Rd NE
 (202) 397-3000

A-1 Grocery
 615 Division Ave NE

Kingman Park-Rosedale Community Garden
 400 20th St NE
 kprgarden.coordinator@gmail.com

SHARE: Upper Room Baptist
 60 Burns St NE
 (301) 905-6824

Senior Brown Bag: Chauncy Spruell Community Center
 3517 Jay St NE
 (202) 398-2375

ARCADIA'S MOBILE MARKET Deanwood Recreation Center
 4800 Minnesota Ave NE
 May-October
 Fridays, 10am-12pm

ARCADIA'S MOBILE MARKET Riverside Healthy Living Center
 601 Division Ave NE
 May-October
 Mondays, 11am-1pm

Riverside Center Market
 601 Division Ave NE
 June - October
 Saturdays, 10am-2pm

St. Benedict the Moor
 320 21st St NE
 (202) 397-3895
 *Also a SHARE site

HUH @ Minnesota Ave Clinic (WIC)
 3924 Minnesota Ave NE
 (202) 627-7851

SHARE: Ward Memorial AME
 241 42nd St NE
 (301) 272-5474

Aya Community Market at Minnesota Avenue
 3924 Minnesota Ave NE
 June - November
 Wednesdays, 3-6pm

SHARE: St Luke's Catholic Church
 4925 E Capitol St SE
 (301) 249-0373

Love is Action Food Pantry
 500 56th St NE
 (202) 388-5605

SHARE: Church of the Incarnation, St. Vincent de Paul
 880 Eastern Ave
 (301) 249-3173

Greenway Market
 3542 East Capitol St

Genesis Enrichment Project, Inc.
 255 Anacostia Ave NE
 (202) 399-9221

SHARE: First Baptist of Minnesota Ave
 3440 Minnesota Ave SE
 (301) 423-2348

East of the River Clinic (WIC)
 123 45th St NE
 (202) 388-7752

ARCADIA'S MOBILE MARKET: Smothers Elementary School
 4400 Brooks St NE
 May-October
 Fridays 2-5pm

Food Center of Ward 7 at Peace Lutheran Church
 4929 Ames St NE
 (202) 398-5503

Perfecting of the Saints
 6041 Dix St NE
 (202) 396-6417
 *Also an emergency grocery site

SHARE: Hughes Memorial United Methodist
 25 53rd St NE
 (202) 398-3411

Meadow Green Community Center
 3425 A St SE
 (202) 584-5410

Edgewood Baptist Church
 3408 C St SE
 (202) 582-1410

Phillip T Johnson Senior & Nutrition Center
 3440 Minnesota Ave SE
 Monday-Friday
 (202) 584-4431

DC Urban Greens Farm Stand
 Fort Dupont Ice Rink
 3779 Ely Place SE
 June-October
 Thursdays, 3-5pm

Food Center of Ward 7 at Peace Lutheran Church
 4929 Ames St NE
 (202) 398-5503

Capital View Baptist Church
 5201 Ames St NE
 (202) 398-1378

CAFÉ Mobile Market/ Project Blessing
 318 50th St NE
 (202) 396-4150

East Capitol View Grocery Plus Site
 201 58th St NE
 (202) 644-9880

G & G Grocery
 2924 Minnesota Ave SE

St. Francis Xavier
 2815 O St SE
 (301) 249-5893
 *Also a SHARE site

Pennsylvania Avenue Baptist
 3000 Pennsylvania Ave SE
 (202) 581-1500

SOME's Kuehner Place Senior Center
 1667 Good Hope Rd SE
 (202) 797-8806

SHARE: First Baptist of Minnesota Ave
 3440 Minnesota Ave SE
 (301) 423-2348

SHARE: Johnson Memorial Baptist Church
 800 Ridge Rd SE
 (202) 641-7004

SHARE: Our Lady Queen of Peace
 3800 Ely Place SE
 (301) 423-0907

Dollar Plus Food Store
 4837 Benning Rd SE

SHARE: St. John Baptist
 5228 Call Place SE
 (301) 502-0250

SHARE: Urban Outreach
 5343 C St SE
 (202) 570-9046

Bread for the City SE Service Center
 1640 Good Hope Rd SE
 (202) 561-8587

East Washington Heights Baptist Church
 2220 Branch Ave SE
 (202) 582-4811

ESA Service Center - Fort Davis (SNAP/Food Stamps)
 3851 Alabama Ave SE
 (202) 645-4500

Dupont Park SDA
 3985 Massachusetts Ave SE
 (202) 583-7416

Fort Dupont Community Garden
 Ft. Dupont Drive & Ft. Davis Drive SE
 (202) 426-7723

SHARE: The New Macedonia Baptist
 4115 Alabama Ave SE
 (202) 581-8479

SHARE: First United Methodist of Bradbury Heights
 4323 Bowen Rd SE
 (202) 583-1244

Jared House Grocery Plus Site
 5000 H St SE
 (202) 644-9880

SHARE: Miracle Temple Non-Denominational Church
 5219 Call Place SE
 (301) 324-1519

KEY

<ul style="list-style-type: none"> ● Apply for Food Benefits ● Community Gardens ● Emergency & Low Cost Groceries ● Farmers' Markets 	<ul style="list-style-type: none"> ● Free Meals ● Healthy Corner Stores ● Food for Seniors & Homebound ● Metro ★ Referrals
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SHARE - a non-profit, community-based organization dedicated to moving healthy groceries at roughly a 50% discount into all homes in the DC area.

COMMUNITY FOOD GUIDE

WARD 7

Healthy Affordable Food Resources in Your Neighborhood

FOLD-OUT MAP GUIDE

Educational Resources

ROOTING DC

A free, all-day gardening forum that provides workshops about urban food production and consumption. Held each winter (February/March).
Learn more at www.rootingdc.org or call (202) 601-9200.

FREE SUMMER GARDENING CLASSES

DPR is offering free summer gardening classes from June through September. Call (202) 262-2138 or email joshua.singer@dc.gov.

COOKING MATTERS

Free cooking classes featuring healthy ingredients and advice on how to shop on a budget and navigate your local grocery store. Call (202) 269-6887.

EAST CAPITOL FARM

UDC's urban farm in Ward 7, a space where you can learn about, grow, and enjoy home-grown produce. Call (202) 274-7115 or email CAUSES@udc.edu.

EMERGENCY CONTACTS

The Food Bank Network: www.capitalareafoodbank.org/

get-help

Capital Area Food Bank Hunger Lifeline: (202) 644-9807

WIC Hotline: 1-800-345-1942

Register for SHARE: 1-800-21-SHARE

211 Answers, Please! DC human services referral and information hotline: (202) 463-6211

Free Summer Meals

Hunger doesn't take a break in the summer! The Free Summer Meals program provides free nutritious meals and snacks served to children 18 years and younger. These meals help children in low-income areas get the nutrition they need to learn, play, and grow throughout the summer months when they are out of school.

You can find summer meal sites at schools, recreation centers, libraries, housing complexes, and other sites around the city. To find a site near you, visit:

www.fns.usda.gov/summerfoodrocks or call (202) 5565-EAT.

Farmers' Markets

Accept Federal Benefits!

Did you know that most farmers' markets in the city accept federal benefits? You can spend food stamps (SNAP), WIC, and Senior checks with farmers throughout the city. Find the information table when you go to any farmers' market in the city and they will be happy to point you in the right direction. Many markets also offer free Produce Plus dollars and bonus dollars when you spend your federal benefits on fresh fruits and vegetables!

What You'll Find

Fruits and vegetables grow in different climates and at different times of the year depending on what temperature they need to grow. The farmers sell fruits and vegetables that are in season around here. This means you won't find any tropical fruit like bananas, oranges, lemons, or limes when you visit the farmers' market, but you do get to buy the freshest fruit and vegetables that our region has to offer!

How to Use this Guide

This Community Food Guide is designed to help you find healthy food resources in your neighborhood. Here you'll find information on how to shop at farmers' markets, free cooking and gardening classes, emergency contacts, and free summer meal sites in your area.

Unfold this guide all the way to find a map of food resources in Ward 7, including Emergency and Low Cost Groceries, Community Gardens, Healthy Corner Stores, Farmers' Markets, Food for Seniors and Homebound, and sites where you can Apply for Food Benefits and Referrals.

Unfold to see the map!

