

What's GROWING around here?

This is a **Seasonality Chart**. It shows which fruits and vegetables are ripe on farms near Washington, DC during the different months of the year. Fruits and vegetables taste great just after they're picked, but they only grow in certain seasons. Choose food from nearby farms that's "in season" in your meals and snacks!



This Seasonality Chart is brought to you by the D.C. Farm to School Network at DC Greens. design by Nayman Design www.naymandesign.com

